Kinesia™ 360

SETTING THE SYSTEM UP

Kinesia 360 Parts

Tablet	Sensor Bands	Charging Pad	AC Adapter	USB Cable

Unpack the contents of the box near a power outlet and set the system up the night before use so that everything is ready.

Step 1. Connecting the Charging Pad

Plug the small end of the power cable into the charging pad and plug the opposite end into a wall outlet.
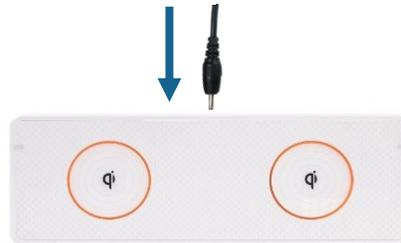
Step 2. Charging the Sensors

Place the sensor bands on the charging pad in the orange circles with the logos facing up. When the sensor bands are properly placed, the lights on each side of the charging pad will illuminate.
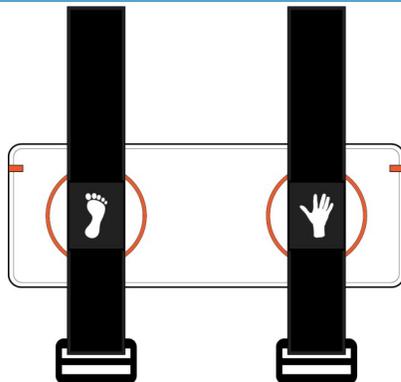
Step 3. Connecting the Tablet to the Charging Pad

Plug the large end of the USB cable into the charging pad and plug the smaller end of the USB cable into the tablet

Charge Pad and Large USB Connector

Tablet and Small USB Connector

Step 4. Turning on the Tablet

Turn the tablet on by pressing, holding, and releasing the power button once the screen has illuminated. When properly connected, the tablet screen should display a charging mes-

Charging message

Power button

System setup is now complete. Leave everything connected for at least four hours before using the motion sensors.

OVERVIEW

The Kinesia 360 Tablet Application communicates with the sensor bands to measure your symptoms. It also includes diaries to record when you take your medication and to rate your motor symptoms.

Accessing the Kinesia 360 Application

Press and release the power button to illuminate the screen. Swipe your finger from the bottom of the screen to the top of the screen to unlock the tablet. Touch the Kinesia 360 icon to open the application.
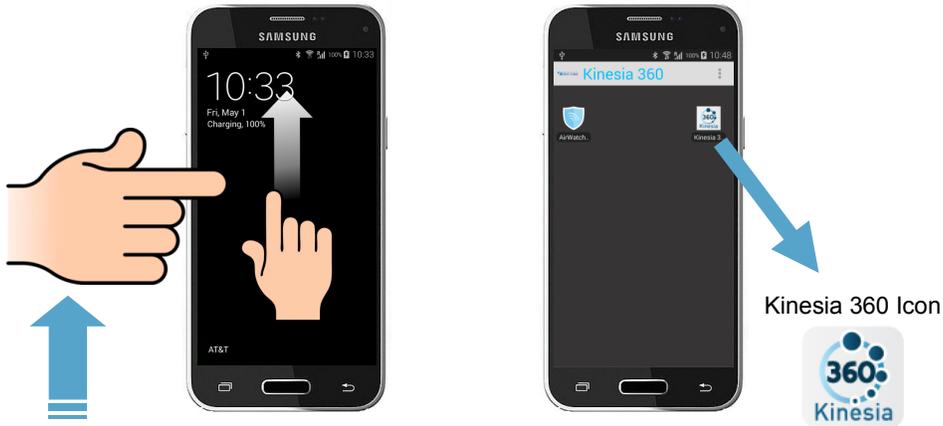
Kinesia 360 Icon

Kinesia 360 Application Home Screen

When you first open the Kinesia 360 application, you will see two options:

1. **Start Test** is used to start using the wrist and ankle sensor bands

2. **My Diary** is used to access the Medication and Symptoms diaries

USING THE MOTION SENSORS

Starting Your Day and Putting the Sensors On

Tap **Start Test** then tap **Next**.

Place the sensor with the "Hand" logo on your wrist and the sensor with the "Foot" logo on your ankle. The logos should be down against your skin.

Once you have the sensor bands on, tap **Start** .

During the Day

1. If you need to remove the sensors temporarily or plan to participate in rigorous activity, tap **Pause.** After putting the sensors back on, tap **Resume** to continue the test.

2. Tap **My Diary** to enter medications or complete Symptom Diary.
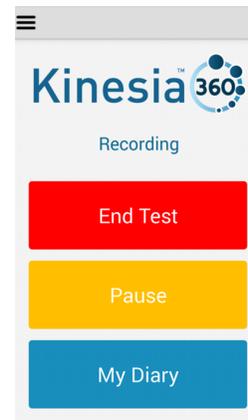
End of the Day

Before going to bed, plug the small USB connector into the tablet. Tap **End Test** and follow the instructions. Be sure to tap **End** once the sensor bands are on the charging pad.

Your test is now complete. You do not need to take further action. Leave the system plugged in to charge overnight.

Keep the tablet with you during the day so that you can use the diary at the appropriate times.

Press **My Diary** from the home screen and select the appropriate option: **Medication** or **Symptoms**

Entering Your Medication

After pressing **Medication**, tap which medication was taken. Change the time by sliding your finger up and down over the number, then press **Set**. Tap **Done** to finish.
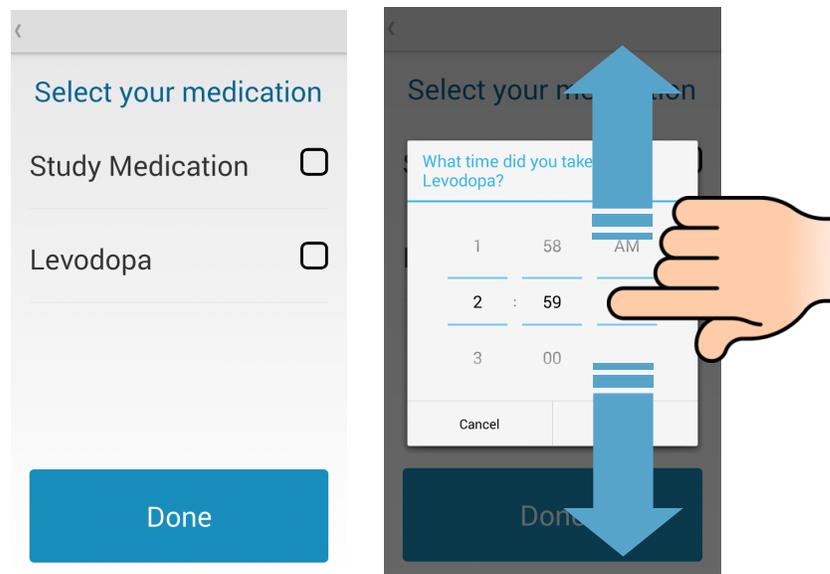
Rating Your Motor Symptoms

Use the **Symptoms** diary as often as you can throughout the day. Entries are divided into 30 minute periods over the course of the day. Make sure that your ratings match the time period indicated at the top of the screen. For each period, select the appropriate entry and tap **Next**.

If you need to connect to a Wi-Fi network:

1. Press the home button on the bottom of the phone. Then tap the menu icon ⋮ in the upper right hand corner.
2. Tap **Settings** then tap **Wi-Fi**.
3. Ensure that the box in the upper right hand corner is checked to turn on 'Wifi'. Tap the **Scan** button.
4. Select the network from the list and tap the password box to enter the password

TRAINING NOTES

_____

_____

_____

_____

_____

_____

_____

_____

The sensors are on the charge pad, but I keep getting an error when I try to start or end a test.

- Remove the sensors from the charge pad. Restart the tablet by holding the power button and selecting 'Restart'. After the tablet turns back on and the lock screen appears, place the sensors back on the charge pad.
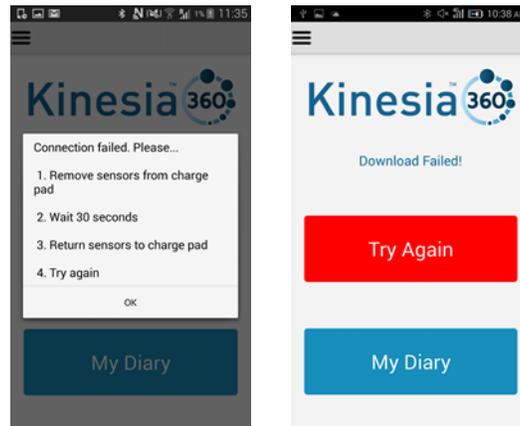
When I put the sensors on the charge pad, I don't see the red lights.

- Make sure the power cable is securely connected to the charge pad and is not loose. Also check the connection to the wall outlet.
- Ensure the sensors are placed within the orange circles and that the "Hand" and "Foot" symbols are facing up.

The tablet will not turn on.

- Press and hold the power button. If the tablet still does not turn on, the battery may be dead. Plug in the USB cable and press the power button.

I did not mean to press that button, how do I go back?

- You can navigate backwards by pressing the button ↰
  below and to the right of the tablet screen.

For additional questions, please contact:

_____   _____
                       Name   Phone